



CAMINO BOARD INFORMATION SHEET

MISSION

We support individuals, families, and communities as they work to strengthen their wellbeing and mental health.

More information about Camino can be found at www.caminowellbeing.ca/#about-us

BOARD DIRECTORS

We are a Policy Governance Board. Our ideal Board size is twelve (12) directors

Board directors are typically elected by the Board in May and appointed at the Annual General Meeting (AGM) in June.

The Board elects the Chair and Vice Chair from among the Board directors. The Chair of Finance & Audit Committee acts as Treasurer.

Camino's Chief Executive Officer, Tracy Elop, is also the *ex officio* Secretary of the Board

DIRECTOR TERM

A Board Director term is three years, and typically eligible to renew for one additional three-year term.

BOARD MEETINGS

The Board normally meets the last Thursday of every month except December, July, and August. Board directors receive reading materials for the meeting a week in advance. Reading materials include the Agenda Package (35 to 50 pages) and additional "For Information" items (15 to 40 pages) that include Board committee minutes.

Meeting time is normally from 4:30 to 7 p.m. and is typically held virtually on Zoom complemented with a few in-person dates at various Camino facilities.

Two meeting time slots per year are devoted to extended Board education sessions. Board directors are expected to take part in Governance training to develop a good level of proficiency.

SPECIAL ANNUAL SESSION

Board directors will be invited to participate in developing a new Strategic Plan for Camino.

BOARD COMMITTEES

It is expected that every Board director will serve on a Board committee. There are three standing Board committees.

- Finance & Audit Committee (Meets 4 times a year.)
- Governance and Leadership Committee (Meets 4 times a year.)
- Talent & Quality Committee. (Meets 3 times a year.)

ANY QUESTIONS ABOUT THE BOARD? Please email the Board at board@caminowellbeing.ca