



## CAPACITYCANADA

### My Philosophy <sup>10</sup>

*This is a document which guides me and my work. It captures my unique strengths, the things I need to feel safe, my personal goals in my work and some reminders to keep me on track. I will carry it with me and return to it when needed.*

Strengths-Based

My most beloved person would describe me as...

Things I do well and the talents I bring to our board...

Experiences I am most proud of...



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### Safety and Trust

I feel safe and respected in conversations when...

I will build trust with board peers by...

I feel collaboration is present and power is shared when...



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My Intentions

Values that are important to me and by which I guide my work...

This is the type of board member I hope to be...

I hope to support my board peers by...



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Staying the Course

Ways I have addressed or challenged power in the past include...

Here is what I need to remember when things get tough...

This is my mission statement (my main purpose and goal in board involvement)...